

# S.C. Tobacco Quitline 1-800-QUIT-NOW Participant Eligibility

### **TOBACCO COUNSELING (with a Quit Coach)**

Each coaching call is customized to the individual's needs and preferences. Participants are offered the treatment program that can give them the best outcome. If a caller only wants one call with a Quit Coach, we will honor this.

|                      | Single Call | Multi-Call       | Youth Support Program^ | Behavioral Health^ | Pregnant/Postpartum^ |
|----------------------|-------------|------------------|------------------------|--------------------|----------------------|
|                      | 1 session   | 5 sessions (C-5) | 5 sessions (C-5)       | 7 sessions (C-7)   | 10 sessions (C-10)   |
| Uninsured            | <b>✓</b>    | ✓                |                        | ✓                  |                      |
| Underinsured*        | ✓           | <b>✓</b>         |                        | ✓                  |                      |
| Medicare             | ✓           | ✓                |                        | ✓                  |                      |
| Medicaid             | ✓           | <b>✓</b>         |                        | ✓                  |                      |
| Pregnant/Postpartum  | ✓           | ✓                |                        | ✓                  | ✓                    |
| Youth ≤18 yrs.       | ✓           | ✓                |                        | ✓                  |                      |
| Court-referred Youth |             |                  | ✓                      | ✓                  |                      |

<sup>\*</sup> Underinsured: defined as having a commercial health plan benefit that does not cover behavioral counseling for tobacco cessation.

#### **MEDICATION** (with or without a Quit Coach)

Most participants are eliqible for some dosing level of nicotine replacement therapy to help them quit.

|                       | NRT Patch<br>4-wk shipments<br>(12 weeks total) | NRT Gum<br>4-wk shipments<br>(12 weeks total) | <u>NRT Lozenge</u><br>4-wk shipments<br>(12 weeks total) | <u>NRT Combo</u><br>4-wk shipments<br>(12 weeks total) | NRT Starter Kit<br>2 weeks of<br>product |
|-----------------------|---|---|--|--|--|
| Uninsured             | <b>✓</b>  | <b>√</b>                                      | <b>√</b>   | ✓  |  |
| Underinsured*         | ✓   | ✓   | ✓  | ✓  |  |
| Medicare              | <b>✓</b>  | ✓   | ✓  | ✓  |  |
| Behavioral Health     | N/A   | N/A   | N/A  | ✓  |  |
| Medicaid <sup>^</sup> | Not eligible                                    | Not eligible                                  | Not eligible   | Not eligible   | ✓  |
| Individual Services+  | Not eligible                                    | Not eligible                                  | Not eligible   | Not eligible   | ✓  |
| Pregnant/Postpartum   | Not eligible                                    | Not eligible                                  | Not eligible   | Not eligible   | Not eligible                             |
| Youth ≤18 yrs.        | Not eligible                                    | Not eligible                                  | Not eligible   | Not eligible   | Not eligible                             |
| Court-referred Youth  | Not eligible                                    | Not eligible                                  | Not eligible   | Not eligible   | Not eligible                             |

<sup>\*</sup> Underinsured: defined as having a commercial health plan benefit that does not cover all 7 FDA approved medications for tobacco cessation.

## **ADDITIONAL INFORMATION ON MEDICATION**

| Eligibility Criteria                         | Weeks Per<br>Quit Attempt | Limit Per Year        | Combo Therapy Note                        |
|--|---------------------------|-----------------------|---|
| All Eligible Callers                         | 12 weeks in               | Typically 4 rounds of | Participants also are offered combination |
| (based on eligibility criteria listed above) | 4x4x4 shipments           | 12-wk dosing each     | therapy of patch/gum or patch/lozenge.    |
|  |                           | quit attempt.         |   |

## **ENROLLING WITH THE S.C. TOBACCO QUITLINE**

|   | · · · · · · · · · · · · · · · · · · ·  |
|---|--|
| Phone: 1-800-QUIT-NOW (800-784-8669) ENGLISH  | Online: <a href="http://quitnow.net/southcarolina">http://quitnow.net/southcarolina</a> (Spanish toggle) |
| Phone: 1-855-DEJELO-YA (855-335-3569) SPANISH | AICTCP: 1-888-7AI-QUIT   |
| Accessibility Service: 711                    | Text 'READY' to 34191  |

Hours of service: 24 hours a day. 7 days a week. Closed on: Independence Day. Thanksaivina Day. ½ day Christmas Eve. Christmas Day, ½ day New Year's Eve. Callers with SC area codes are connected with the SC Tobacco Quitline.

For more information visit https://www.scdhec.gov/health/tobacco-quitline/im-ready-quit

<sup>^</sup> These programs have specialized counseling protocols that are tailored to meet the participant's unique needs.

<sup>^</sup> Medicaid participants are sent a 2-week starter kit of NRT, then must see their Medicaid provider for continued medication that is covered by SC Healthy Connections Medicaid with no copay or out-of-pocket expense, and without prior authorization for their provider.

<sup>+</sup> Participant does not have to be enrolled in counseling if they choose to receive just a 2-week starter kit of NRT through the Individual Services Program. If they need more NRT, they must enroll in counseling to receive a full 12-week supply.